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# Myers-Briggs Type Indicator® Personal Impact Report

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**European Edition**

**Report prepared for**

**JANE SAMPLE**

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## Introduction

Your MBTI® Personal Impact Report is designed to help you make use of your MBTI results so that you can better understand yourself and others and improve the interactions in your daily life and work. The MBTI assessment is based on the work of Carl Jung and was developed by Isabel Briggs Myers and Katharine Briggs to identify 16 different personality types that help explain differences in how people take in information and make decisions about it. Your report will show you how your personality type is distinct from other types and how it influences the way you perceive, communicate, and interact.

### This Report Can Help You

- Improve communication and teamwork as you gain awareness of the personality differences you see in others
- Work more effectively with those who may approach problems and decisions very differently than you do
- Navigate your work and personal relationships with more insight and effectiveness
- Understand your preferences for learning and work environments and the activities and work you most enjoy doing
- More successfully manage the everyday conflicts and stresses that work and life may bring

As you read your report, bear in mind that personality type is a nonjudgmental system that looks at the strengths and gifts of individuals. All preferences and personality types are equally valuable and useful. Based on more than 70 years of research supporting its reliability and validity, the MBTI assessment has been used by millions of people worldwide to gain insight into the normal, healthy differences that are observed in everyday behavior and to open up opportunities for growth and development.

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## Summary of Your MBTI® Results

How you decide to answer each item on the MBTI assessment determines your reported MBTI type. Since each of the preferences can be represented by a letter, a four-letter code is used as a shorthand for indicating type. When the eight preferences are combined in all possible ways, 16 types result. The MBTI type that you verified as your best-fit type is shown below.

Verified Type: ENTP			
<b>Where you focus your attention</b>	<b>E</b> <b>Extraversion</b> Preference for drawing energy from the outside world of people, activities, and things	<b>I</b> <b>Introversion</b> Preference for drawing energy from one's inner world of ideas, emotions, and impressions	
<b>The way you take in information</b>	<b>S</b> <b>Sensing</b> Preference for taking in information through the five senses and noticing what is real	<b>N</b> <b>Intuition</b> Preference for taking in information through a "sixth sense" and noticing what might be	
<b>The way you make decisions</b>	<b>T</b> <b>Thinking</b> Preference for organizing and structuring information to decide in a logical, objective way	<b>F</b> <b>Feeling</b> Preference for organizing and structuring information to decide in a personal, values-based way	
<b>How you deal with the outer world</b>	<b>J</b> <b>Judging</b> Preference for living a planned and organized life	<b>P</b> <b>Perceiving</b> Preference for living a spontaneous and flexible life	

The rest of this report presents information to help you understand the impact of personality type in key areas of your life.



## Your Work Style

The descriptions presented below for your type relate to your work preferences and behaviors. When reviewing this information, keep in mind that the MBTI assessment identifies preferences, not abilities or skills. There are no “good” or “bad” types for any role in an organization. Each person has something to offer and learn that enhances his or her contribution.

ISTJ	ISFJ	INFJ	INTJ
ISTP	ISFP	INFP	INTP
ESTP	ESFP	ENFP	<b>ENTP</b>
ESTJ	ESFJ	ENFJ	ENTJ

### ENTP Work Style Highlights

ENTPs are innovative, strategic, versatile, analytical, and entrepreneurial. They enjoy working with others in start-up activities that require ingenuity and unusual resourcefulness. Although the descriptors below generally describe ENTPs, some may not fit you exactly due to individual differences within each type.

- |                    |                     |                    |
|--------------------|---------------------|--------------------|
| <b>Adaptive</b>    | <b>Enterprising</b> | <b>Questioning</b> |
| <b>Analytical</b>  | <b>Independent</b>  | <b>Resourceful</b> |
| <b>Challenging</b> | <b>Original</b>     | <b>Strategic</b>   |
| <b>Clever</b>      | <b>Outspoken</b>    | <b>Theoretical</b> |

### Contributions to the Organization

- View limitations as challenges to be overcome
- Provide new ways to do things
- Bring a conceptual framework to problems
- Take initiative and spur others on
- Enjoy complex challenges that address future needs

### Problem-Solving Approach

- Want to explore future possibilities and patterns and logically analyze the pros and cons for each
- May need to include what people want and need and the relevant facts and details for optimal results



### Preferred Work Environments

- Contain independent people working on models to solve complicated problems
- Provide for flexibility and challenge
- Are change-oriented and nonbureaucratic
- Have competent people
- Reward risk taking
- Encourage autonomy and freedom of action
- Focus on the big picture

### Preferred Learning Style

- Active, conceptual, and well taught
- Challenging and big picture-focused

### Potential Pitfalls

- May become lost in the model, forgetting about current realities and details
- May be competitive and unappreciative of the input of others
- May overextend yourself and reach burnout
- May not adapt well to standard procedures

### Suggestions for Developing Your Work Style

- May need to pay attention to the here and now and the essential facts
- May need to acknowledge and validate others' contributions and value as people
- May need to set realistic priorities and time lines and know when to stop
- May need to learn how to work within the system



## Your Communication Style

The information presented below for your type relates to how you generally tend to communicate. It is designed to help raise your awareness of your natural communication style and its impact on others so that you can develop strategies for communicating more effectively in your business and personal interactions.

### Communication Highlights

- Champion ideas in a persuasive and convincing way
- Are a future-focused, change-oriented systems thinker; create new models and ideas
- Are quick to see problems as opportunities, explore links, and integrate ideas
- Use logical analysis to zero in on root causes of complex problems
- Champion change and initiate actions with great energy and excitement

### At First Glance

- Initially may seem skeptical, analytic, and detached; can be easygoing, tolerant, and casual
- Are open-ended and exploratory; take in and integrate information from many sources
- Think outside the box and come up with new and untried solutions to problems
- Are energetic and enthusiastic; immerse yourself in projects to actualize your vision
- Desire freedom and independence to align your efforts with a broader vision

### What You Want to Hear

- How and why things work; enjoy questioning others
- Others questioning you and debating perspectives
- Verbal challenges to sharpen your perspective and demonstrate competency
- No direct commands or specific instructions
- Possibilities, ideas, theories, and models that draw your interest and engage you

### When Expressing Yourself

- Use precise language; debate fine distinctions and implications of words and concepts
- Use logical, analytical language to describe abstract problems, systems, and ideas
- Discuss and play with alternative solutions that can seem in direct opposition
- Are persuasive and articulate; advocate, educate, and negotiate for your ideas
- Don't like to repeat yourself and may not take time to explain details

### Giving and Receiving Feedback

- Generally show an accepting attitude to others, but will not tolerate incompetence or substandard efforts
- Will provide constructive feedback in a concise, to-the-point manner
- Are independent and assume others will work independently; are critical of dependence
- Are self-reliant and self-critical; are not likely to look to others for corrective feedback
- Fail to see the need for being overly encouraging or for giving ongoing positive feedback



## Communication Tips

Here are some strategies to help you adapt your natural way of communicating to accommodate people with different personality types.

Potential Blind Spots	Suggested Remedies
Your love of analysis and critique may blind you to how others react during debates. In discussions, you may come across as impersonal and blunt.	Remember that not everyone is comfortable critiquing and debating ideas. Some may interpret these activities as a rejection of their perspective.
Your highly logical approach may not take into account what people need and will do in particular situations.	Balance your logical approach with consideration of people's needs. Strive to understand personal situations rather than analyze them.
You may not notice that others who want to achieve practical, immediate results are frustrated by the lack of detail in their discussions with you.	Be willing to discuss short-term implications and the practical realities of a situation. Share your perspective with enough detail so that others can plan.
Your drive for expediency may lead you to overlook encouraging others and showing them that you appreciate their work.	Offer positive feedback and encouragement. Many people work best in an environment where they are supported and appreciated.
You may not realize how your feedback affects others.	Balance corrective feedback with positive feedback, particularly when working with Feeling types. Hold back on a tendency to critique others.
Trying something new and your advocacy for change may bother others who prefer slower, well-planned change and wonder if a change is truly needed.	Assess what is working well and should be preserved. Listen to those who prefer incremental change and seek their help with planning.
Others may find your willingness to change perspectives and adapt ideas challenging to deal with.	Recognize that those who want closure and action consider your adaptability a barrier. Be decisive and consistent when working with them.

## Suggestions for Developing Your Communication Style

- Determine which of the blind spots above describe your behavior when communicating or interacting at work.
- Ask yourself whether any of these behaviors are hindering your performance. If yes, try the suggested remedies and ask someone you trust for feedback to chart your progress.



## Your Team Style

Your MBTI results can help you better understand how you tend to work on a team and improve the quality of your team interactions. Use this information to gain insight into your strengths as a team member, your potential challenges, and how you might enhance your contributions to teams in various areas of your work and life.

### Your Team Member Strengths

- Identifying new opportunities for the team
- Analyzing problems logically and objectively
- Bringing an entrepreneurial spirit to the team
- Generating new possibilities
- Seeing the big picture
- Thinking long-range
- Thinking strategically
- Pointing out flaws and inconsistencies that may derail a project or task
- Bringing energy and enthusiasm to the team
- Driving change
- Being flexible and spontaneous in responding to problems
- Bringing technical expertise to help solve a problem

### Suggestions for Developing Your Team Contributions

- Determine which of these behaviors describe you and consider how they are working for you. How might you use those behaviors to help in a team context?
- Highlight on the list above those behaviors you use when on a team. Are any of your natural strengths not being brought to the team?
- Consider how your strengths can help the teams you serve on achieve their objective.





Potential Blind Spots	Suggested Remedies
May move on after you conceptualize a solution to a problem, without concern for implementation	Ask team members what has to happen and what resources are needed in order to implement your idea
May fail to consider how feasible or realistic your ideas are	Learn to ask the more detail-oriented team members for feedback on your proposals before presenting them to the entire team
May fail to set priorities; may commit to too many things at once	Ask for feedback from team members about what the priorities should be; make an ordered list and consult it daily
May burn out by running from one possibility to another	Stay focused on a manageable list of priorities to help prevent burnout
May jump into action prematurely	Ask team members if there is anything more that needs to be considered before taking action
May not consider how your ideas and decisions affect important stakeholders	Identify stakeholders from different areas and meet with them or interview them individually to discuss your ideas and their impact

### Additional Suggestions for Developing Your Team Contributions

- Determine which of the blind spots in the chart describe your behavior when working as part of a team.
- Ask yourself whether any of these behaviors are hindering team performance. If yes, try the suggested remedies and ask a team member you trust for feedback to chart your progress.



## Your Decision-Making Style

The information below is intended to help you see the impact of your personality preferences on your decision-making style. It is important to remember that all personality types and decision-making styles are equally valuable and that no one type can be characterized as the best decision maker. Use this information to learn about and appreciate your natural style and acquire strategies to make both your individual and group decision making more successful and comprehensive.

ISTJ	ISFJ	INFJ	INTJ
ISTP	ISFP	INFP	INTP
ESTP	ESFP	ENFP	<b>ENTP</b>
ESTJ	ESFJ	ENFJ	ENTJ

### ENTP Decision-Making Style Highlights

Perceptive, adaptable, and clever, ENTPs work well when they can take on challenges, improvise conceptual frameworks, and rally others to conquer issues strategically. They bring an inventive spirit to entrepreneurial endeavors, embrace change and innovation, and see ways of doing things that are not immediately obvious. During decision making ENTPs typically want to know, "What is the most intriguing choice?"\*

### Your Decision-Making Strengths

- Bringing energy and enthusiasm to considering how a decision can be tackled
- Engaging others at the outset to obtain varied opinions on the issue
- Using imagination to envision a vast array of options
- Being able to look at things creatively and consider unusual or nontraditional ideas
- Developing decisions that anticipate the future and allow for adaptation
- Questioning whether a decision is logical and reasonable
- Taking the initiative to get things moving with vigor and zest
- Allowing people to work independently and in their own way
- Thinking in terms of how processes and outcomes can be improved
- Comparing the success of the decision strategies used against other possible strategies



### Potential Challenges During Decision Making

- Failing to see the value of using a structured decision-making process
- Spending more time asking questions than thinking things through
- Being so engrossed in brainstorming that you abandon the original topic
- Resisting options that are traditional or common
- Ignoring standards, seeking change for its own sake
- Overlooking a decision's effect on relationships
- Losing interest once implementation seems established
- Assuming that once the decision has been made people need no further guidance
- Failing to recognize how well a decision delivered practical results
- Getting sidetracked by interpreting outcomes in "win-lose" terms

### Suggestions for Developing Your Decision-Making Style

- Understand that creating a basic plan may make the journey more successful
- Remember to take time to explore opinions in depth
- Recognize that the goal is to find the best option for each specific situation
- Remember that just because something has been used before, it isn't necessarily outdated
- Realize that people are more receptive to trying something new when it is tied to the familiar
- Recognize that considering people's feelings is a rational means to craft better decisions
- Accept that success often demands sustained effort
- Pause to check for understanding—others may require specifics and details
- Appreciate that if a decision was effective, no further changes may be needed
- Realize that learning can be achieved regardless of success or failure



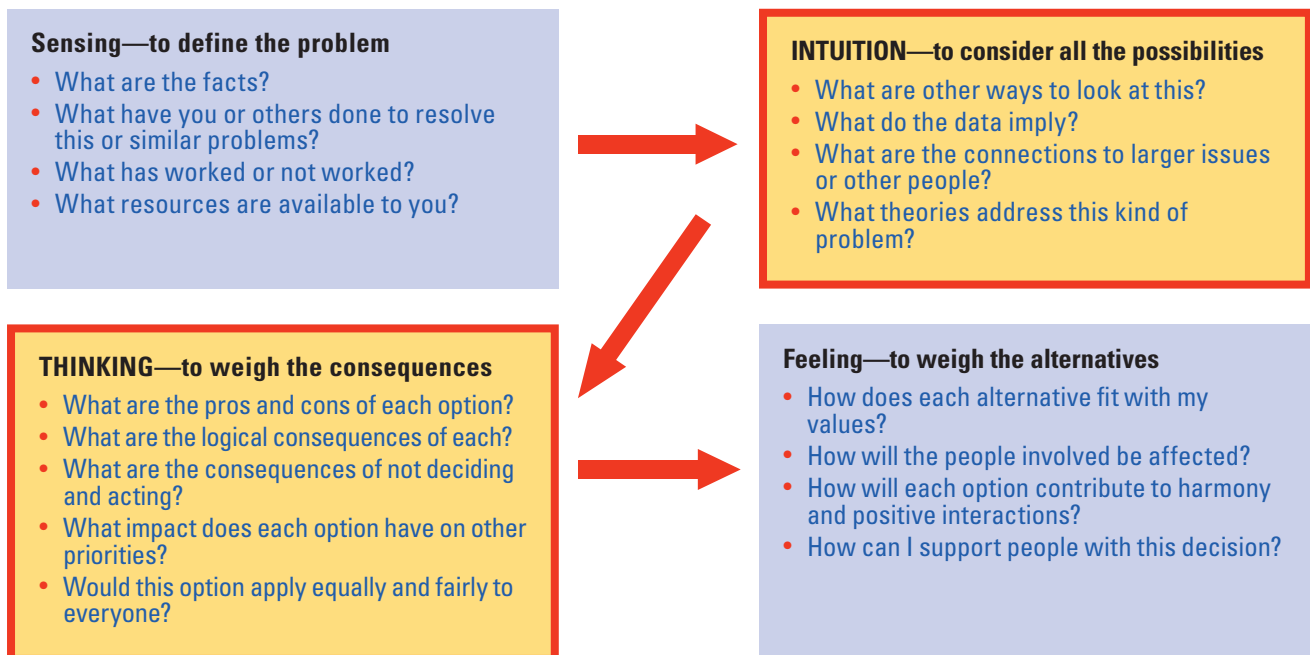
## Enhancing Your Decision-Making Capability

Understanding and applying personality type concepts can help you make better decisions. By using *both* preferences for taking in information, Sensing and Intuition, and *both* preferences for making judgments or decisions about that information, Thinking and Feeling, when coming to a decision or solving a problem, you can ensure that all factors will be considered. Without this balanced approach, you will naturally tend to focus on your own preferences and may lose the benefits and positive contributions of the other preferences.

Isabel Briggs Myers believed that the best way to make a decision is to use all four of these preferences deliberately and in a specific order:

- #1 Use Sensing to define the problem
- #2 Use Intuition to consider all the possibilities
- #3 Use Thinking to weigh the consequences of each course of action
- #4 Use Feeling to weigh the alternatives

This decision-making sequence is shown below. Your preferences are highlighted in the graphic. Follow the steps, noting the important questions to ask at each stage. After completing the process, you should be able to make and act on a final decision. At an appropriate point after implementation, be sure to evaluate the results by reviewing your consideration of the facts, possibilities, impacts, and consequences.





## Your Leadership Style

The type information below is designed to help you see the impact of your personality preferences on your leadership style. Assets and challenges characteristic of your MBTI type are presented, as well as suggestions you can use to stretch your development.

### Setting Direction

#### Assets

- Envisioning the future easily, creating a broad, holistic view of what to accomplish
- Having a preference for seeing opportunities instead of problems, creating energy and momentum
- Generating many possible solutions and logically analyzing alternatives that are part of a complex system
- Taking a big-picture view, focusing on the desired end point

#### Challenges

- Entertaining many options, which can come across to others as wheel spinning and wasting time
- Overcomplicating the direction, making it too hard for people to stay focused on it
- Overlooking the direction's mundane problems and putting too few resources toward addressing them
- Alienating others with your style of debating and arguing as a way of sifting through alternatives

### Inspiring Others to Follow

#### Assets

- Possessing energy and enthusiasm, encouraging others to work to meet the challenge
- Encouraging the team to value expertise, success, and accomplishment
- Being able to discern what motivates others and then use that information to influence behavior
- Creating the engaging atmosphere of an intellectual playground, attracting certain followers

#### Challenges

- Undervaluing teamwork toward a common goal
- Being reluctant to trust others, especially when their competence is not affirmed
- Getting ahead of others with ideas and becoming impatient; can be quick to lash out if self-control isn't well developed
- Critiquing others' performance before appreciating what they have done well, which can demotivate others and damage relationships

### Mobilizing Accomplishment of Goals

#### Assets

- Craving variety in work; very likely to find multiple ways to get a task done
- Readily seeing process and systems improvements that will streamline work
- Helping your team perform by "managing up" and "blocking down"; in other words, you protect your group's resources and block interference
- Encouraging others to work independently; being willing to let them fail and then learn from their mistakes

#### Challenges

- Being too vague on the details of an execution plan for others' comfort
- Becoming distracted by a new, exciting idea, leaving behind those handling the details of finishing up the work
- Neglecting to communicate appreciation to others as progress is made, assuming that people know their own worth and will self-mobilize
- Taking multitasking to the extreme, diminishing effectiveness; implementation can benefit from focusing on one priority at a time



### Suggestions for Developing Your Leadership Style

- **Inquiry over advocacy.** Learn to ask about and explore others' ideas, rather than demonstrating the value of your position or your own abilities. This skill will help offset your tendency to argue your points until others give in or give up.
- **Patience.** Learn patience and suspend judgments about others, especially when they don't grasp what you are saying. Take a breath and wait. Give others time to process concepts in their own way before proceeding.

## Your Conflict Style

Your MBTI results shed light on how you typically approach and deal with conflict. Incorporating type awareness and an understanding of your natural style can help you be better prepared to more effectively and sensitively approach, communicate during, and resolve conflict situations.

ISTJ	ISFJ	INFJ	INTJ
ISTP	ISFP	INFP	INTP
ESTP	ESFP	ENFP	<b>ENTP</b>
ESTJ	ESFJ	ENFJ	ENTJ

### ENTP Conflict Style Highlights

ENTPs have a high tolerance for what others see as conflict, viewing it in most instances as healthy debate. However, when either they are feeling tested by another person or they are unsettled by strong emotions, such debate can become conflict for them. As ENTPs are verbally fluent, they are often perceived as playing the devil's advocate. People admire this when they perceive it as clarifying and dislike it when they see it as sparring.

### Your Strengths in Managing Conflict

- Being an ingenious problem solver who readily offers alternative ways forward
- Being comfortable living with the ambiguity and uncertainty that conflict can create
- Being willing to take risks unfettered by popular thinking and to ask difficult questions of anyone in pursuit of clarity

### What You Need from Others

- Acceptance of your verbal jousting and desire to bend the rules
- Tolerance of your need to subsequently analyze what has happened and perhaps reopen what others presume has been completed and is closed
- An environment in which neither you nor anyone else is judged until all have had their say

### How Others Tend to See You

- Assertive, enthusiastic, and objective
- Following your own agenda and wanting to win the argument, thereby creating conflict, according to some; others simply see you as logically debating the pros and cons of a situation
- When you are under stress: someone who lives in a tornado of uncontrollable energy and is excessively critical and sarcastic, leaving a trail of destruction in your wake

### Suggestions for Developing Your Conflict Style

- Adapt your style to accommodate those who want to be listened to and not given answers
- Remember that the longer a conflict goes on, the more people will feel uneasy about it, even though your understanding of it may be becoming clearer
- Keep in mind that not everyone is as clever as you are and that conflict is not always about winning
- Recognize that some people see you as a conflict generator because of the level of debate you engage in and your willingness to keep exploring options



## How Stress Impacts You

Use the information below to learn about how your MBTI preferences impact how you tend to experience and react to stress. This understanding can support your ability to manage productively and effectively the stresses that come with everyday work and life.

### Stressors

- Dealing with too many details; routine work
- Being micromanaged
- Having to follow procedures that don't make sense to you
- Being overscheduled, not consulted about schedule
- Taking on too much
- Having your competence criticized or questioned
- Working alone or being alone for long periods

### Signs of Stress in ENTPs

- Obsessing about one or two facts or details
- Becoming rigid, controlling
- Jumping to conclusions or acting without thinking
- Being hypercritical, abrasive
- Being short-tempered, angry; not listening
- Withdrawing, isolating, becoming depressed
- Losing confidence, losing connection to their sense of self

### Best Ways for ENTPs to Manage Stress

- Recognize that the stress is real
- Withdraw at least briefly, spend time doing something entirely different
- Engage in physical activities, exercise
- Talk to someone, get another perspective from a nonjudgmental person
- Reflect on the situation, objectively review it, analyze it logically

### Worst Ways for ENTPs to Respond to Stress

- Work harder or longer, becoming more fatigued
- Complain and argue
- Get stuck in a negative self-talk loop
- Refuse to ask for or accept help
- Take the situation personally; become petulant and accusatory





## Your Approach to Change

The charts below provide information and perspective to help you more fully understand the impact of your MBTI type on how you tend to react and respond during times of change and transition. Awareness of needs, typical reactions, and contributions can help you develop the resiliency and flexibility needed to feel and be more effective as you both experience and manage change.

### In Times of Change

#### Needs during change

- Opportunities to talk about their ideas for the change
- Opportunities to generate further possibilities
- Independence
- A way to buy in, to participate
- A chance to play a leadership role
- To keep moving

#### Reactions when needs are not met

- Become easily distracted, jumping from one thing to another without finishing anything
- Become rebellious, even a troublemaker
- Ignore structure and schedules
- Become a vocal critic, putting out competing ideas

### When Dealing with Losses

#### Contribute by

- Finalizing and moving on—what's next?
- Analyzing why this is happening
- Looking for pros and cons—the reasons
- Talking about it a lot

#### Have difficulty with

- Other people's feelings, especially if expected to do something about them
- Accepting the change unless it is your own idea
- People who want to hang on to the past
- Changes that are not logical

### During the Transition Period

#### Typical reactions

- Are excited, expectant, hopeful, optimistic
- Are looking for opportunities
- Need to talk, evaluate, get ideas
- Say, "we spend most of our lives here and love it!"

#### Tend to focus on

- What you can make out of this opportunity
- Brainstorming, generating possibilities
- Gathering information, connecting with others

### During the Start-Up Phase

#### Obstacles to starting

- Other people who want/need emotional support
- People who want you to have a detailed plan before you begin
- Not having enough information—being out of the loop
- Others who cannot see your vision

#### Contribute by

- Talking about what's going on—disseminating information
- Getting people moving
- Developing creative solutions as problems arise
- Selling new ideas
- Responding flexibly to the need for more changes, new goals



## About This Report

This MBTI report was selected for you by your experienced MBTI practitioner to help guide your continued development and promote your personal and professional success.

The report was derived from the following sources:

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