

# Packing list for group FIRO<sup>®</sup> feedback session

## Materials

- > Pens and paper (x number of participants)
- > Best practice checklist (x1)
- > Download and print your chosen [reports](#) from the OPP practitioner site (x number of participants)

Depending on which approach you would like to take, whether FIRO-B or FIRO Business, you will be able to download the appropriate materials from the [FIRO Knowledge Bank](#) or, where applicable, purchase items from the [OPP shop](#). Make sure you have the correct versions (FIRO-B or FIRO Business) for all your materials!

- > Workshop slides and notes (x1)
- > Exercise slides and notes (x1), two per need area (and additional materials for some of them):
  - **Inclusion:** *'Let's party!' or 'Count me in!'*
  - **Control:**
    - 'Tallest tower'* (a packet of uncooked spaghetti per team, a packet of marshmallows per team, a tube of multi-coloured sweets (eg Smarties<sup>®</sup>)/eggs or other object of similar size and weight, stopwatch)
    - 'Best boss'* (pens and small blank cards or sticky notes)
  - **Affection:**
    - 'Sweet revelations'* (a packet of multi-coloured sweets (eg Smarties<sup>®</sup>), or coloured counters or marbles, with approximately seven different easily-identifiable colours)
    - 'Getting to know you'*
- > Pack of FIRO Word Cards for icebreaker exercise (minimum 4 cards per person)
- > FIRO Feedback Workbooks (x number of participants)
- > Scoring matrix (x number of participants)
- > *Introduction to the FIRO-B Instrument or Introduction to the FIRO Business Instrument* booklets (x number of participants), available online from the OPP shop