

# Better working relationships



## The FIRO<sup>®</sup> assessment

Improve workplace performance by helping people to understand how they interact – take a look at the FIRO<sup>®</sup> assessment (Fundamental Interpersonal Relations Orientation™).

People want and need different things from other people, and they have different ways of showing these wants and needs. The FIRO assessment gets behind these differences to show:

- **how people tend to behave toward others**
- **how people want others to behave toward them**

The FIRO assessment helps to explain behaviors between people.

What does this mean for your organisation? It means team members and colleagues understand each other better. This builds trust, increases harmony, reduces friction and helps to improve performance.

### FIRO features

Focuses on interpersonal relationships and how people interact

Applies to a range of workplace issues

Works well with the MBTI<sup>®</sup> assessment

### FIRO benefits

Increases people's understanding of each other so they work better together

Makes a significant impact on business performance across the organization

Accessible framework is quick and easy to understand for everyone

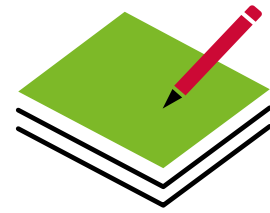
### Use the FIRO assessment for:

- Team Development
- Leadership
- Communication
- Conflict
- Stress

“ It helped me to understand myself and my colleagues better, what makes different people tick, and that we don't place the same importance on the same things.”

HR Manager,  
accountancy

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To administer the FIRO assessment, you need to be FIRO certified.

See [www.themyersbriggs.com](http://www.themyersbriggs.com) to find out about FIRO training (both FIRO-B and FIRO Business) and how to become FIRO certified.

## FIRO products and resources

### FIRO reports

Interpretive Report for Organisations, Profile Report, FIRO-B and MBTI Leadership Report

### Books and eBooks

Introduction to the FIRO-B in Organisations, Participating in Teams and more

## Behavioral insights that build trust quickly

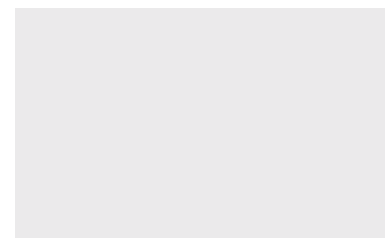
### About The Myers-Briggs Company

The Myers-Briggs Company empowers people to be the best versions of themselves. We're established assessment developers, expert trainers and experienced psychologists who help organizations around the world to improve teamwork, develop inspirational leaders, foster diversity, and solve their most complex people challenges.

### Get in touch

Have you got a question?  
Contact our FIRO experts:  
[www.themyersbriggs.com](http://www.themyersbriggs.com)

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