

Action planning worksheet

What are your top insights from your report and the session about the strengths of your type when managing conflict?

Write your response here.



What have you learnt about how others may perceive you as you deal with conflict?

Write your response here.

What are your standout insights from your report and the session about how you might develop your conflict style?

Write your response here.

What specific actions will you take to put some of the development suggestions into practice?

Write your response here.

What support might you need from others as you apply your insights and learning?

Write your response here.

