

# WHAT'S YOUR MBTI SPORTS TYPE?

Table tennis



**ISTJ**

Focused concentration, serious contender

Diving



**ISFJ**

Performs tasks from memory with accuracy, grace and great posture!

Road cycling



**INFJ**

Organised, supportive, appreciates the benefits of synchronicity

Shooting



**INTJ**

Deep perspective, masterful technique, calm and determined

Triathlon



**ISTP**

Adaptable, flexible, efficient

Swimming



**ISFP**

Enjoys the here-and-now, likes having their own space

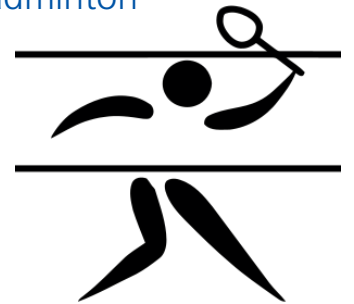
Lawn bowls



**INFP**

Long range vision, calm, strives for alignment and congruence

Badminton



**INTP**

Enjoys analysing and using logic for precise moves

Squash



**ESTP**

Spontaneous, quick reactions

Hockey



**ESFP**

Flexible, enjoys working with others and being at the centre of the action

Rhythmic gymnastics



**ENFP**

Creative, imaginative, enjoys improvisation

Judo



**ENTP**

Uses resourcefulness to achieve superior position

Rugby sevens



**ESTJ**

Ordered, logical, decisive and forceful in implementing plans

Athletics



**ESFJ**

Harmonious, accurate, wants contribution to be appreciated

Netball



**ENFJ**

Enjoys teamwork, highly attuned to those around them, responsive, agile

Boxing



**ENTJ**

Decisive, identifies inefficiencies, forceful in presenting ideas