# Is personality changing? Trends in MBTI data

John Hackston, Head of Thought Leadership **EUROPEAN TRAINERS' CONFERENCE 2018** 







A little bit of something tasty!

# Cast your minds back to 2007



2007



2017





## Since 2007, what (if anything) will have changed?



Will the distribution of reported type have changed:

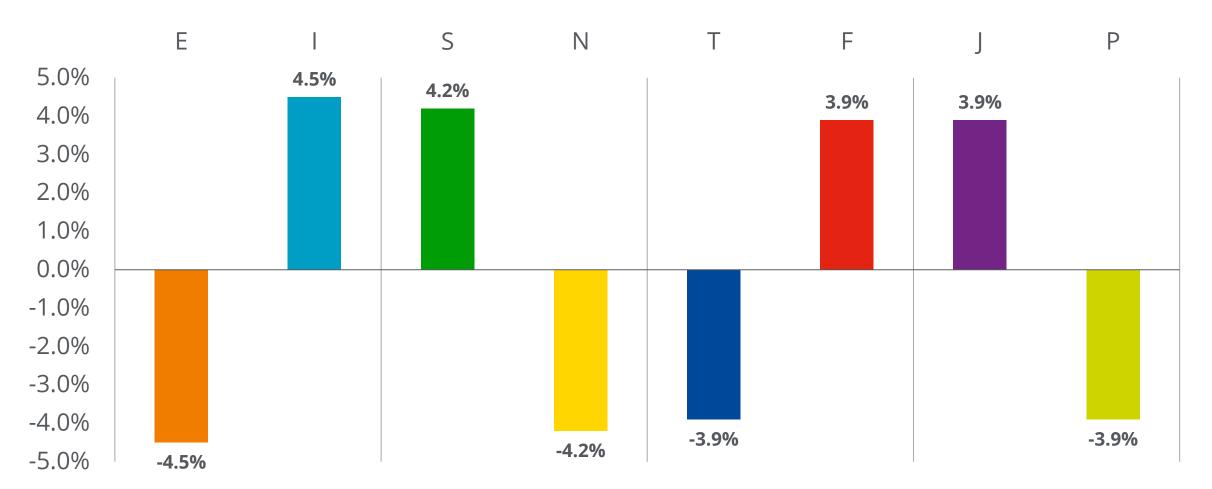
- At preference pair level?
- At whole type level?
- In any other way?





## Changes 2007 to 2017: preference pairs





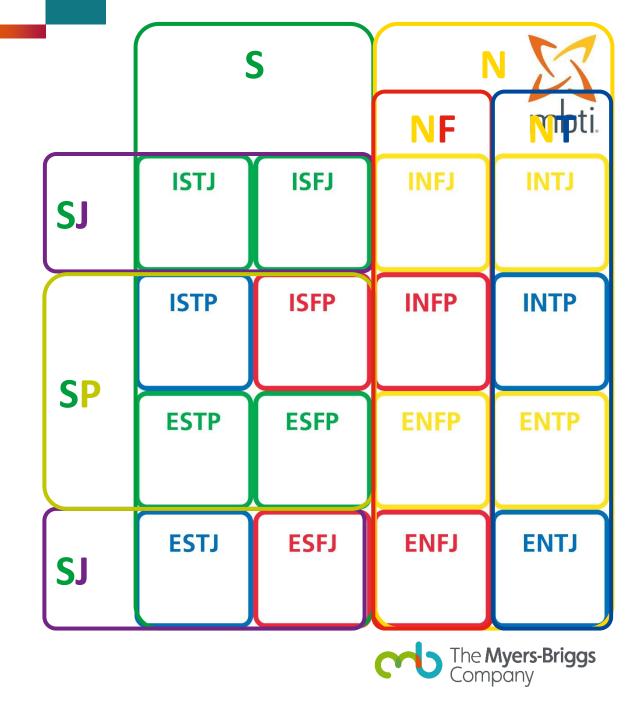


#### The Temperaments lens

- Introduced by Keirsey and Bates
- Core difference is between S and N
  - Sensing: pragmatic here and now
  - iNtuition: future possibilities
- Sensing (S) focus on here and now:
  - Structured (J) or spontaneous (P)
- iNtuitive (N) looks to the future:
  - Focus on task (T) or people (F)

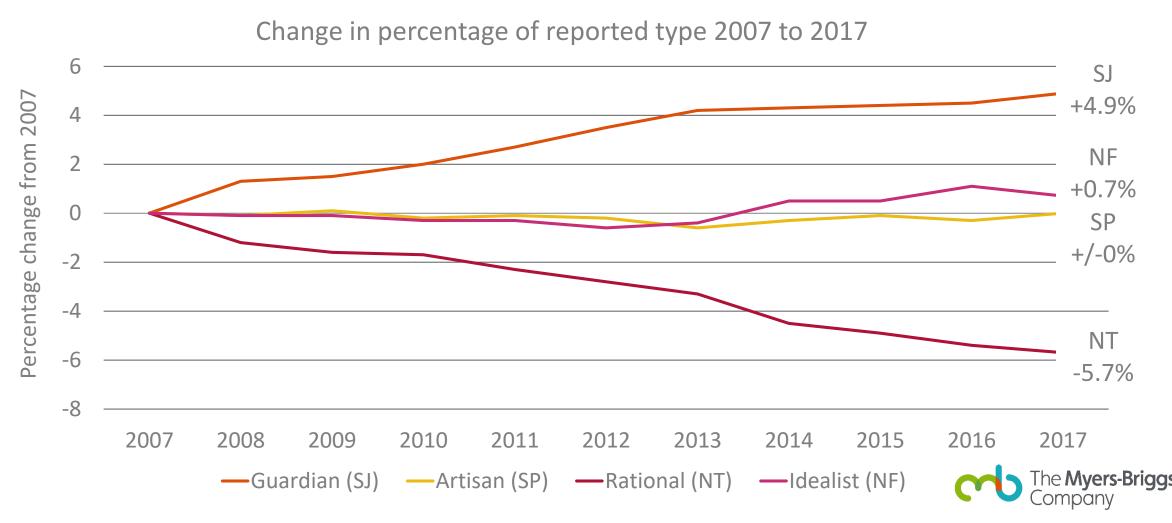
Guardian (SJ) Artisan (SP)

Rational (NT) Idealist (NF)



#### Temperaments 2007 to 2017 (reported type)





#### In summary:



More:

I, S, F and J



Less: E, N, T and P



Have you experienced this? Why might this be happening?



I hope this was a tasty morsel...

# Any questions?

