

# MBTI<sup>®</sup> Activity



## Discovering Our Team's Facets: An Application of MBTI<sup>®</sup> Step II<sup>™</sup> Type

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Designed with your success in mind, this activity comes complete with everything you need to engage participants and reinforce type concepts so that individuals can apply the learning immediately post-training. The following materials are provided for this activity:

- Instructions
- PowerPoint<sup>®</sup> slides
- Handout
- Facilitator tools

For more time-tested activities like this one, as well as for the how-to guidance and tools for facilitating experiential Myers-Briggs<sup>®</sup> activities that accelerate type learning, check out our popular [Working with MBTI<sup>®</sup> Step II<sup>™</sup> Results Facilitator Guide](#).

Looking to extend the learning further? Offer each participant a booklet from CPP's [Introduction to Type<sup>®</sup>](#) series, available in print or PDF format—20 titles spanning a wide range of MBTI application topics, such as communication, conflict, team building, stress management, innovation, leadership, and more.

For more downloadable, easy-to-use, no-fail activities from world-renowned MBTI<sup>®</sup> type experts and consultants, visit [www.opp.com/MBTIactivities](http://www.opp.com/MBTIactivities).



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# Discovering Our Team's Facets: An Application of MBTI® Step II™ Type



## OBJECTIVES

- To learn the meaning of the facets and facet poles
- To apply the facets to understanding team members
- To identify both similarities and differences among team members

## TIME FRAME

75–180 minutes (or longer)

## MATERIALS

- PowerPoint® slides 1–4
  - PowerPoint slide 1: “Exploring the Facets with Team Members”
  - PowerPoint slide 2: “For Each Facet, Arrange Yourselves This Way”
  - PowerPoint slide 3: “General Discussion Questions”
  - PowerPoint slide 4: “Keep in Mind ...”
- Handout: Facet Discussion Questions
- MBTI® Step II™ Profile or MBTI® Step II™ Interpretive Report for each participant

## FACILITATOR TOOLS

- “Facet Tally”
- “Notes for Debriefing the Facet Questions”

## SETUP

- This activity assumes that you have previously introduced Step II concepts and facets, and that participants have received and reviewed their Step II results—using either the MBTI® Step II™ Profile or the MBTI® Step II™ Interpretive Report (preferred).
- Determine the appropriateness of using this activity with your participant group. Do not use it with teams whose members are reluctant to share their scores.
- Have chairs that are easy to move around (either on wheels or freestanding). If your team is able to fit around a rectangular table, use three sides of it. People with scores to the left (E, S, T, and J) will go to the left as they face the front. Those with midzone scores (and generally there are fewer of them) will go in the middle back. Those with scores to the right (I, N, F, and P) will go to the participants’ right as they face the front. You’ll be at the end opposite the midzone spot.