

MBTI[®] Activity



Team Effectiveness Analysis: An Advanced Application of MBTI[®] Type

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Designed with your success in mind, this activity comes complete with everything you need to engage participants and reinforce type concepts so that individuals can apply the learning immediately post-training. The following materials are provided for this activity:

- Instructions
- PowerPoint[®] slides

For more time-tested activities like this one, as well as for the how-to guidance and tools for establishing a comprehensive Myers-Briggs[®] training program within an organization, check out our popular [Using the MBTI[®] Tool in Organizations Leader's Resource Guide](#).

Looking to extend the learning further? Offer each participant a booklet from CPP's [Introduction to Type[®]](#) series, available in print or PDF format—20 titles spanning a wide range of MBTI application topics, such as communication, conflict, team building, stress management, innovation, leadership, and more.

For more downloadable, easy-to-use, no-fail activities from world-renowned MBTI[®] type experts and consultants, visit www.opp.com/MBTIactivities.



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OBJECTIVE

To enable a team to use type concepts to analyze their working relationships and their task distribution.

TIME FRAME

45 minutes

APPLICATIONS

- Team building
- Leadership development

MATERIALS

- PowerPoint® slides 1–3
 - PowerPoint slide 1: “Order of Preferences”
 - PowerPoint slide 2: “Problem-Solving Model”
 - PowerPoint slide 3: “Team Task Analysis”

OPTIONAL

- *Introduction to Type® in Organizations*

or

- *Introduction to Type® and Coaching*

SETUP

This activity requires that participants be familiar with the concepts of type dynamics. If the team has been introduced to type dynamics previously, you may find it helpful to briefly review the concepts before starting step 1. If the team has not been introduced to type dynamics, then plan to add time to provide a brief overview of the topic at the beginning of this activity.