

MBTI[®] Activity



Systematic Problem Solving: An Application of MBTI[®] Type

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Designed with your success in mind, this activity comes complete with everything you need to engage participants and reinforce type concepts so that individuals can apply the learning immediately post-training. The following materials are provided for this activity:

- Instructions
- PowerPoint[®] slide
- Handouts

For more time-tested activities like this one, as well as for the how-to guidance and tools for establishing a comprehensive Myers-Briggs[®] training program within an organization, check out our popular **Using the MBTI[®] Tool in Organizations Leader's Resource Guide**.

Looking to extend the learning further? Offer each participant a booklet from CPP's **Introduction to Type[®]** series, available in print or PDF format—20 titles spanning a wide range of MBTI application topics, such as communication, conflict, team building, stress management, innovation, leadership, and more.

For more downloadable, easy-to-use, no-fail activities from world-renowned MBTI[®] type experts and consultants, visit www.opp.com/MBTIactivities.



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OBJECTIVE

To demonstrate how the systematic, sequential use of the Sensing, Intuition, Thinking, and Feeling functions contributes to group problem solving

TIME FRAME

60 minutes

APPLICATIONS

- Communication
- Team building
- Leadership development

MATERIALS

- PowerPoint® slide: “Problem-Solving Model”
- Handout: “Group Observation Sheet”
- Flipchart, markers

OPTIONAL

- *Introduction to Type® in Organizations*
- *Introduction to Type® and Communication*
- Case studies

Process

1. Choose a problem situation for the group to work on, either a real-life issue the team faces or one of the case studies included as participant handouts.
2. Divide the team into dominant-alike groups of Sensing, Intuition, Thinking, and Feeling.
3. Ask each group to spend 10 minutes writing down only the Sensing aspects of the issue, referring to the slide, “Problem-Solving Model,” or page 31 of *Introduction to Type® in Organizations*, or pages 11–15 of *Introduction to Type® and Communication*. Give each participant a copy of the “Group

Show
slide