

TAKE MY WORD FOR IT

This set of three fun, interactive group exercises is designed to bring out the differences between the Sensing and iNtuition preferences, and so bring the preferences to life. It can be run at a single sitting for groups and teams, or can be broken up and the exercises slotted in individually into an existing program. It will take approximately 1 hour 15 minutes if all exercises are used together – turn over for introductory summaries and durations for each of the exercises.

Applications:

Self awareness

Communication

Understanding diversity

Type preferences studied:

Sensing and iNtuition

Functional pairs (ST, SF, NT, NF)

Time required:

1 hour 15 minutes

Product code: JT0923e

