

# TYPE

EXERCISE



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## WORK WITH ME

This is an exercise for teams or groups of people who work together to encourage them to assess any differences in working style which might be hindering their performance. Individuals choose 3 to 6 people they work with and think of ways to maximise the effectiveness of working with these different people. This is particularly useful for project teams.

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### **Applications:**

Working more effectively

Managing others

Project work

### **Type preferences studied:**

Judging and Perceiving (J/P)

### **Time required:**

45 minutes per pairing

Product code: JT0922e

